

A new video series from **Pray As You Go** - the Jesuits in Britain's online prayer platform, is shining a light on the transformative power of prayer in everyday life.

Titled Pilgrim Stories, the series features listeners from New York City reflecting on how the daily prayer resource has accompanied them through moments of growth, challenge, and faith. From a priest in training to a schoolteacher and a spiritual director, the videos explore how Ignatian spirituality continues to shape lives in diverse and deeply personal ways.

Two episodes are currently live, with new stories to be released throughout July. You can watch the series on YouTube **here**.

Among those featured is Nick, an art and religion teacher who fits Pray As You Go into his busy schedule. His quiet commitment to prayer is a witness to the way spiritual resources can become part of a daily rhythm.

We also meet Roxanne, a spiritual director and longtime Pray As You Go listener, who reflects on how the app has sustained her own prayer life and supported her ministry over many years.

The first videos in the Pilgrim Stories series were filmed on location in New York and are part of a wider effort to celebrate and share the impact of Pray As You Go, which has been downloaded more than 4 million times and reaches a global audience each month.

Filming comes to the UK this summer

A second round of Pilgrim Stories will be filmed in the UK this August, with shoots taking place primarily in London and potentially other locations.

If Pray As You Go has been part of your spiritual journey and you're open to sharing your experience on camera, the team would love to hear from you: feedback@pray-as-you-go.org

Pray As You Go is a digital ministry of the Jesuits in Britain and is supported through the Jesuit Institute. Its mission is to offer accessible Ignatian prayer wherever people find themselves - on the move, at home, or in the quiet spaces between.

LINKS

Pray As You Go: **<https://prayasyougo.org/>** ***Download the App for daily Prayer***

Powerful Pauses

Pray wherever life takes you - whether you're on a busy commute, taking a quiet walk, or simply finding a moment of stillness in your day. Our app is designed to accompany you on your spiritual journey, offering guided prayers and reflections that fit seamlessly into your daily routine.

A new prayer session is produced every day. It is not a 'Thought for the Day', a sermon or a bible-study, but rather a framework for your own prayer.

Lasting between ten and thirteen minutes, it combines music, scripture and some questions for reflection.