

Thought for the week – Christmas Reflection

Is there room in the Inn this Christmas?

This inn is not some distant B & B,
some cheap hotel.

The inn we speak of is our heart.

Can we create room in our hearts
for things of the spirit?

Or is our heart so full of our daily preoccupations,
urgent things we have to do,
that we fail to welcome the important.

God doesn't need a huge clearing!

He needs a small space,
a manger – a willingness
on our part to host Him

so that he can be born in us and born on earth.

Meister Eckhart Rhineland mystic put it this way:

“What does it avail me that this birth is always happening if it does not happen to me.

That it should happen to each of us, in each of us, is what matters.”