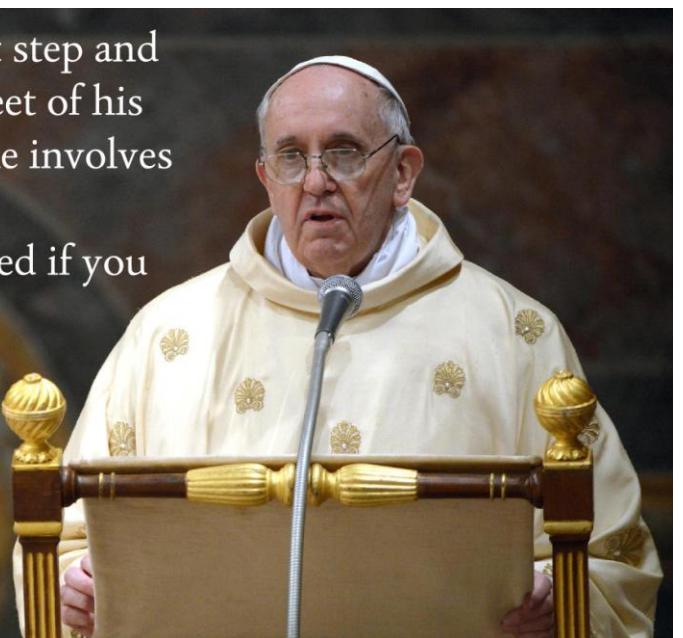


'Let us try a little harder to take the first step and to become involved. Jesus washed the feet of his disciples. The Lord gets involved and he involves his own, as he kneels to wash their feet.'

He tells his disciples: "You will be blessed if you do this" (Jn 13:17) ... Evangelizers thus take on the "smell of the sheep" and the sheep are willing to hear their voice.'

*Pope Francis
Evangelii Gaudium, para 24*



A disciple's Prayer :

Most Blessed One, we come into your loving presence each with our own story & experiences. You reach out to embrace and welcome us. Source of all life and wonder, you are a God who dances, creates and laughs. You take delight in each and every one of us. Jesus speaks of You as Abba, knowing the number of hairs on our heads and delighting in answering our prayers and needs. We are now charged with being Your Son's voice, face, hands and feet. Help us to know Him and to recognise Him in the faces of those we meet in daily living. As He cared so much for all who came to Him, so may we reach out and serve Him in those who need His love, healing and understanding. Help us to love especially those we find difficult. May we follow him as washers of feet and so be true builders of the Kingdom Amen

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